## **Northwick Park Primary and** Nursery Academy Company No. 9154404

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**Headteacher: Emma Lane** 

May 2018

Dear Parents,

As part of our work with the children in Relationships and Sex Education (RSE) we have introduced a session for the Y5 boys to discuss personal hygiene and some of the changes that happen to boys and girls in the next few years. This will include an explanation of menstruation, as recent research highlighted a need for better education and more open and honest conversations around the subject. This will take place on Tuesday 26th June.

We hope that you will support us in developing the teaching of RSE within the school, but if you would prefer for your son to be excluded from the session, please inform the school before Tuesday 26<sup>th</sup> June.

Yours sincerely,

Mrs A. Hyde RSE Subject Teacher