Northwick Park Primary and Nursery Academy Company No. 9154404

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Headteacher: Emma Lane

January 2019

Dear Parents,

Change4life

As part of our Healthy Schools work we are working closely with Change4life to help our children to make deliciously good snack choices and we are very fortunate to have been gifted a healthy snack for every child in our school to try!

Your child has been given a Soreen lunchbox loaf as an example of something tasty and healthy for their school lunchbox or playtime snack. We hope that they enjoy tasting it and perhaps you will consider these as a healthy snack choice in the future.

Please remember that we are a healthy school. We encourage the Key Stage Two children to bring healthy snacks for break – no sweets or chocolate bars please. Healthy snacks are available to buy in KS2 from our tuck trolley. There is also usually free fruit available for KS2 and all KS1 receive free fruit at break times.

We hope that your child enjoys their free snack at home and we thank you for your continued support in keeping our children healthy!

Yours sincerely

Mrs Clark & Miss German (Healthy School leads)

REMINDER

We are a nut free school due to serious allergies amongst both staff and pupils. This includes any products containing nuts e.g., Nutella and cereal bars.