



# Autumn menu 2018

## Week 2

Dates: **30/09-28/10-18/11-9/12-20/01**

### Meat-free Monday

A warming bowl of tomato soup with

A cheese filled roll

Fruit Yoghurt

### Round the world, Tuesday

#### Taste of the Caribbean

Jerk Chicken with Rice & Peas

And

Homemade Jamaican Ginger Cake

### Midweek Roast Wednesday

Roast Beef in Gravy

Roast potatoes, Yorkshire pudding & mixed vegetables

With Chocolate pudding & Chocolate custard

### Teacher's Choice Thursday

#### Mrs Lane's in a dash grab a bag

Ham or Tuna filled roll

Potato faces with corn cob or veggie fingers

Blueberry muffin & carton of fruit juice

### Fishy Friday

Breaded Fish Nuggets & Tomato Sauce

Gastro chunky chips & peas

Chocolate cracknel & milkshake

Selection of fruit squash, fresh milk, or water available daily

All meals subject to availability, Vegetarian menu available .

