

# Northwick Park Primary and Nursery Academy

Company No. 9154404

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**Headteacher: Emma Lane**

Dear Parents,

We would like to bring to your attention the guidelines from Essex County Council with regard to wearing earrings for PE. It strictly states that NO earrings are permitted for any PE activities, even if ears are newly pierced and taped.

Tape is NO LONGER allowed. Therefore, if your child has newly pierced ears, they will have to be excluded from PE lessons for 6 weeks until they are able to remove their earrings.

If your child is unable to remove their own earrings, we are NOT permitted to do it for them so please ensure that you know which day they are doing PE and remove their earrings before school.

Thank you for your co-operation,

Mrs Clark  
(PE subject leader)