



## Parent Support Session

Are you feeling overwhelmed or worried? Would you like some advice or just a friendly chat with others who understand? Come along to the Parent Support Session, a safe and welcoming space to share your concerns and worries, get advice or signposting to helpful resources and connect with other parents facing similar challenges. Sometimes, a conversation can make all the difference. You don't have to face things alone, let's support each other!

**12/03/2025**

**1300 - 1500**

**Northwick Park Primary School**

