

# Northwick Park Primary and Nursery Academy

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**Headteacher: Emma Lane**

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Dear Parent/Carer

## **NSPCC's Speak out Stay safe programme**

The NSPCC's Speak out Stay safe programme is visiting our school and I am pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who will be delivering their Speak out Stay safe programme on the 4<sup>th</sup> and 11<sup>th</sup> March. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they will be presenting age appropriate assembly's to children in years 1, 2, 3, 4, 5 + 6. Years 5 and 6 will also have a workshop in their classroom.

### **What is the Speak out Stay safe programme?**

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we are convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the **Speak out Stay safe** programme, you can visit the NSPCC website [nspcc.org.uk/buddy](http://nspcc.org.uk/buddy).

### **Talking PANTS with your children**

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants).

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/parents](http://nspcc.org.uk/parents).

If any parent does not wish their child to attend the assembly or participate in the workshop (years 5 and 6), please inform the school in writing.

Yours sincerely

Mrs E Lane  
Headteacher