

Northwick Park Primary and Nursery School

(Foundation)

Third Avenue, Canvey Island, Essex. SS8 9SU
Telephone: (01268) 684554 Fax: 01268 510783
www.northwickpark.essex.sch.uk

Headteacher: Emma Lane

14th March 2017

Dear Parents,

Skipping Workshop

I am delighted to inform you that we have invited Skipping Workshops to work with our children in Years 1, 2, 3 and 4 to teach different skipping skills.

Skipping Workshops have presented demonstrations in over 2000 schools, represented Great Britain in international skipping events and appeared on many TV shows.

Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing modern and traditional skipping games including **individual rope tricks, speed skills and Double Dutch**, back into the playground. The school supports these aims.

We will be buying ropes for the children to use at playtime/during P.E. lessons but you are able to buy your child their own one if you wish (order form on reverse of this letter).

The same high quality '**speed ropes**' as used by the international team, will be on sale at school at a reduced cost of **£4.00**. The ropes are made to a high standard, are light and turn easily to allow children and adults to progress rapidly. Colour change solar ropes are **£5.00**. Adult ropes are also available for older siblings and your personal fitness/weight loss etc., at **£6.00** each, 4m 'family ropes' at **£7.50** each and 2 x Double Dutch ropes are **£12.00**.

Please put your cash or cheque in an envelope with your child's name and class on the front. Ropes will also be sold after school at the office on the day of the workshop only on (27th March)!

N.B. If your child is bringing their rope to school; please make sure it is labelled!

Yours sincerely,

Mrs E. Lane
Headteacher

Skipping Workshop**Please complete and return to Mrs Lane**

Child's Name: Class:

I would like to purchase

| | Total No. | Total Price |
|-----------------------------------|-----------|-------------|
| Children's ropes £4.00 each | | £..... |
| Children's SOLAR ropes £5.00 each | | £..... |
| Adult ropes £6.00 each | | £..... |
| Family ropes £7.50 each | | £..... |
| Double Dutch ropes 12.00 each set | | £..... |

Signed: Parent/Guardian