

**Northwick Park Primary Academy**  
**KS2 PE Curriculum Map**

Year Group/ Length of Lesson		Autumn		Spring		Summer		
Y3	45	GyPlayground Games	Real PE	Real PE	Invasion Games	Athletics	Real PE	
	45	Gym Travelling & Balancing	Dance Moving to a rhythm	Real PE	Gym Jumping & Landing	Dance Picnic Dance (Stone Age Rain Dance)	Real PE	
Y4	45	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6	
	45	OPERA			Gym VS Unit Q	Roman Dance	Picnic Dance	Gym VS Unit R/S
Y5	45	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6	
	45	VS Unit T/U Gym (Introduction)	Dance (own choice) Possibility of Yoga from Deanes	Dance (own choice)	VS Unit U/V Gym (Bridges)	VS Unit V/W Gym (Sequences)	Dance (own choice)	
Y6	45	PPA – Mel (Suggested multiskills, rugby & football)					Striking/Fielding Rounders/Cricket	
	45	Real PE Unit 1	Real PE Unit 2	Dance HAKA		Gymnastics (Year 6 unit of work from Deanes)		