

# Northwick Park Primary and Nursery Academy

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**Headteacher: Emma Lane**

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Dear Parents,

As discussed at the parent sessions this week, as part of our work with the children in Relationships and Sex Education (RSE), we have introduced a session for Y5 to discuss personal hygiene and some of the changes that happen to boys and girls in the next few years. This will include an explanation of menstruation. Both sessions will be held on Tuesday May 14<sup>th</sup>. There will be separate sessions for boys and girls.

We hope that you will support us in developing the teaching of RSE within the school, but if you would prefer for your child to be excluded from the session, please inform the school in writing.

Yours sincerely,

Mrs E Lane  
Headteacher