

Northwick Park Primary and Nursery Academy

Company No. 9154404

Third Avenue, Canvey Island, Essex. SS8 9SU

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admin@northwickpark.essex.sch.uk

Headteacher: Emma Lane

May 2019

Dear Parents,

As part of the Castle Point and Rochford School Sports Partnership, your child has been given the opportunity to participate in the Bikeability training; this is a revised and up-to-date version of the original Cycling Proficiency programme.

The children will participate in the level one session that takes place on the school playground.

4CO Wednesday 3rd July

4VC Thursday 4th July

The children will need to bring their bike to school on the day. I will tell them the day before where it is to be left as there won't be enough room on the bike racks.

Your child will need **a road worthy bike which must have two working brakes;**

The session teaches pupils how to carry out a basic bike safety check (brakes, seat height, tyres etc) which will highlight any issues that may need to be addressed before they can undertake the course.

Your child will be provided with a high-visibility jacket during the training and will be required to wear this along with their own helmet at all times as this is a compulsory safety element to the training.

Should you have any further questions, please do not hesitate to contact us direct or through your child's school.

Yours sincerely

Mrs E lane
Headteacher

Bikeability

Please pass to school office by 24th May

I give permission for in class
to take part in the Bikeability session at Northwick Park School.

I can confirm that he/she has a road worthy bike and helmet ☐

Signed Parent/Guardian Date