

# Northwick Park Primary and Nursery Academy

Company No. 9154404

Third Avenue, Canvey Island, Essex. SS8 9SU

Telephone: ( 01268 ) 684554

[admin@northwickpark.essex.sch.uk](mailto:admin@northwickpark.essex.sch.uk)

**Headteacher: Emma Lane**

June 2019

Dear Parents,

## **Browne's Bootcamp**

As part of our continuing work to ensure our children are fit and healthy and enjoy being physically active, we have booked an exciting opportunity for years 3 to 6; 'Browne's Bootcamp' will be coming to the school on **Monday 17<sup>th</sup> June** to set up a mobile assault course for the day!

The assault course will give the children the opportunity to exercise together in a fun and exciting way! The steel course boasts over ten obstacles including monkey bars, cargo nets, agility beams and more! The aim of the day is to have fun!

Timetabled sessions will allow the children to have a go on the course with their class but the fun doesn't stop there! At 3pm, parents will be allowed to come and share in the excitement by having a go with their child. There will be a small charge of £1 per adult (payable on the day) to cover the cost of hiring the equipment for an extra hour.

We hope that you will agree that this is a really exciting opportunity for both the children and yourselves! Brownes Bootcamp is fully insured/certified to carry out the activity day and have worked in other local schools but do require that you complete a waiver form for your child (and yourself if you plan to have a go!). These waivers will need to be signed and returned by **Monday 10<sup>th</sup> June** in order for your child to take part. We are the suitable and responsible over 18 accompanying the children but they will not be able to participate if the waiver is not completed and returned. The children can wear their school PE kits all day. We will send their P.E. kits home on Friday 14<sup>th</sup> June.

Thank you for your support,

Mrs Clark & Miss German  
(PE subject leaders)

Please note – for further info:

[www.brownesbootcamp.co.uk](http://www.brownesbootcamp.co.uk)

Telephone: 01702 680112

[info@brownesbootcamp.com](mailto:info@brownesbootcamp.com)

Mobile: 07840 111200